

## Box of Tricks

### Books

- The Berenstain Bears – Too Much TV
- Collection of “Help Me Be Good” by Joy Berry
  - A Book About Being Rude
  - A Book About Being Mean
  - A Book About Being Bullied
  - A Book About Being Bossy
  - A Book About Being Selfish
- Dr. Seuss – What Was I Scared Of?
- Mr. and Mrs. Books by Roger Hargreaves
  - Mr. Quiet
  - Mr. Wrong
  - Little Miss Shy
- Christopher Changes His Name by Itah Sadu
- Hudson Hates School by Ella Hudson (This book is about Hudson and learning about his diagnosis with Dyslexia)

### Art

- Construction Paper
- Colouring Books
- Crayons
- Pencil Crayons
- Markers
- Clay with Shape Cutters and Rollers
- Stickers

### Puzzles

- 24 pc. Dinosaur Puzzle
- 300 pc. Cat Puzzle
- Word Search Book

### Sensory

- Water Beads
- Two Squishy Toy Animals
- Hacky Sac
- Saje Relax O-Ring

- Mozi – Magic Kinetic Slinky Spring Toy (Goes up and down your arm)

### Board and Card Games

- Deck of Cards
- Code Breaker
- Jumping Monkeys
- Rush Hour
- Battleship

### Activities

- Zen Tangle
- Social Skills Board Game
- Matching Emoji Cards
- Getting to Know you Board Game
- Feelings Uno
- Imagery Meditation
- Yoga Cards
- My Faces – Emotions Activity
- Dr. Seuss Green Eggs and Ham Book followed by a worksheet of something the child or youth would like to try (they can draw it or write it)
- Judy Viorist Alexander and the Terrible, Horrible, No Good, Very Bad Day followed by a worksheet with a flower and in each petal they write how they can turn a bad day into a good day.